



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Bel-Aire Elementary School/0261
Principal:	Yolanda Oliu
Phone Number:	305-233-5401
School Wellness/Healthy School Team Leader:	Monica Maza
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Monica Maza Nilda Serrano Karin Bouchard Brittany Gibson Damon Mclain
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> • The school promotes free breakfast and lunch. • The school provides students with a nutritious snack during testing as well. <p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> • Teachers promote physical activity during scheduled recess.

	<p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • The school has a Garden Club where seasonal fruit and vegetables are grown and shared in recipes. <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • The school promotes the Superintendent’s 5K run and a team is made up of faculty, staff and families. • The faculty and staff has instituted “Fresh ‘N Fit” Fridays where faculty and staff is encouraged to order a healthy meal from a local healthy food spot in the neighborhood.
Sustainability Practices:	<ul style="list-style-type: none"> • The school promotes composting scraps from the cafeteria. Two compost bins can be found in the garden area.
Community Engagement:	<ul style="list-style-type: none"> • The school has a partnership with the Fairchild Tropical Gardens and IFAS (University of Florida). They contribute in the school’s gardening efforts.
Monitoring and Evaluation:	<ul style="list-style-type: none"> • The school will advertise more for the following year to receive more assistance in donations, etc. for the Garden Club. • The Garden Club will be a topic of discussion at at least one EESAC meeting next school year.

<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none">• The school hosts STEM Showcases and Cambridge Learner Attributes Showcases to highlight the gardening efforts and Garden Club accomplishments.
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